Adolescent Mothers Programme

Adolescent Mothers Centres are located throughout Trinidad and Tobago and offer a wide range of support programmes that are designed to assist pregnant teenagers, teenage mothers, their children and partners and reduce the number of teenage pregnancies. The Centres also conduct outreach and education programmes in local primary and secondary schools. The Adolescent Mother's Programme is a collaborative effort between the Ministry of Social Development and Family Services and The Child Welfare League of Trinidad and Tobago.

What services do the Centres offer?

If you are a teenage mother or you are pregnant, you can access a wide variety of training courses and services that can help you learn valuable skills, get a job and be a better mother. Adolescent Mothers Centres offer services such as:

- Day care services.
- Individual and group counselling.
- Skills training, literacy training, and academic courses.
- Health and nutrition information, parenting courses, and personal development training.

Who should apply?

Pregnant teenagers or adolescents, teenaged mothers and particularly first-time mothers between the ages of 13 and 19 can access these services.

How do I apply?

The Adolescent Mothers Programme offers a walk-in or referral service. You can simply call or visit the Adolescent Mothers Centre nearest you. At present, there are five Adolescent Mothers Centres throughout Trinidad and Tobago. The Centres are open from 9:00 am to 3:00 pm on the island of Trinidad, and 8:00 am to 4:00 pm on the island of Tobago, Monday to Friday except public holidays.

144 Old St. Joseph Road
Success Village
Laventille
Trinidad, West Indies
Tel. (868) 626-1729

Corner Henderson Street and River Road
Sangre Grande
Trinidad, West Indies
Tel. (868) 668-7939

Slinger Francisco Boulevard
Phase Four
La Horquetta
Trinidad, West Indies
Tel. (868) 643-0757

11 Herbert Street
St. Clair
Trinidad, West Indies
Tel. (868) 622-9208

Programme for Adolescent Mothers
Department of Social Services
Division of Health and Social Services
Where can I find more information?

For additional information on the Adolescent Mothers Programme please contact any of the offices listed above, or the headquarters of The Child Welfare League of Trinidad and Tobago.

Child Welfare League of Trinidad and Tobago
Stephen's Clinic Building
Belmont Circular Road
Belmont
Trinidad, West Indies
Tel. (868) 623-6301
Fax. (868) 627-3186
Email: childwelfare@wow.net
Opening hours: 8:00 am to 4:00 pm, Monday to Friday except public holidays